
ancestral call

NATALYA MOUGENOT HARMONY OF RELATIONSHIPS

In Natalya artistic practice, she turns to metamodernism, which suggests looking at the world from the perspective of the inner adult. This position implies taking responsibility for one's actions and inheriting knowledge and wisdom from ancestors.

As an artist and a woman, in Natalya art, she conveys the experience of personal search for harmony. For Natalya, it is important to deeply feel the connection and peace between the body, mind, and soul.

Understanding one's roots, where one comes from, is important, as it is part of the transformational journey. For Natalya, this path is associated with interacting with ancestors through visions, dreams, feelings, perceptions, which she then transforms onto the canvas.

Natalya works invite reflection on our family history, customs, and traditions passed down through generations.



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